## Useful Websites Related To This Topic https://www.bbc.co.uk/bitesize/topics/zrffr82/articles/zppvv4j https://www.bbc.co.uk/bitesize/topics/z4d82hv/resources/1 https://www.bbc.co.uk/bitesize/topics/zfmpb9g/articles/zs9gsk7 https://www.bbc.co.uk/bitesize/topics/z9339j6 https://www.purplemash.com/login/ https://www.prodigygame.com/ https://ttrockstars.com/

How Can My Parent Help Me? This topic is perfect for parents to share their knowledge about healthy lifestyle and foods that contribute to health. Shopping and cooking with healthy foods is perfect time spent together. Maybe planning healthy packed lunches together too. Researching where different foods come from and their sustainability is another learning activity you can do together. Why not also have a go at growing your own vegetables. Please continue to read with your child every day and ask them questions about what they have read. The home learning Pick and Mix menus are designated to be engaging and relevant to your child's learning. Please allow them to pick whatever they choose and carry it out as independently as possible.

Please talk to your child about what they are learning. Take them on trips (if your can) and share what you are passionate about with them too. Talking is the best way to expand their vocabulary and develop their general knowledge.

"Children are not things to be moulded, but are people to be unfolded." Jess Lair

## **School Prayer**

Serve and support in all we do

Together we care and believe in truth

Faithful and loving, we always want peace

Responsible, thoughtful and gentle we'll be

Always trustworthy, always kind

Neighbours to all, in God's love you'll find

Counting our blessings, grateful we are

Inspiring others, we will go far

Smiles and tolerance, we need to share- to make the world happy and fair



## **Healthy Humans**

Fairsnape Class – Years 3/4

# Living.

Feeling.



## Dreaming.







## **Curriculum Learning Booklet**

This half-term we will be learning about what choices can we make for a healthy lifestyle. We will be finding out about nutrition and diet to help contribute to a healthy lifestyle. We will design, plan and make a healthy picnic. We will also be learning about skeletons and muscles that are needed for support, protection and movement. Still life Impressionist paintings, such as Renoir's 'Onions' will inspire our drawing and painting.

#### **Trips and visits**

Trips and visits will be arranged in line with Government guidance.

## **Key Vocabulary**

Healthy, food groups, nutrients, balanced diet, skeleton, muscle, vertebra, skull, joints, sockets, vertebrates and invertebrates.

In this topic you will learn	
<u>English</u>	English learning will focus initially on enjoying a selection of Aesop's
Formation	Fables focusing on 'The Hare and The Tortoise' which will form the
	plot for the children's own fables. Food will be the inspiration for
	learning about poems with a structure. A letter of persuasion
HEALTHY	connected to our ethical thinking about people who don't have
SUMMER	access to healthy food and balanced diets will conclude our
	English learning for the half-term.
<b>Mathematics</b>	Place value, addition, subtraction and times tables will be the maths
A counter is missing on the place where chart.	focus for this half-term. The children will continue to apply their
	understanding, and reasoning skills, to help them solve a variety
ji Kristani Ma	of mathematical problems.
	Learning about how nutrition and diet help contribute to a healthy
	lifestyle. Researching different food groups and how they keep us healthy. We will also be learning about skeletons and muscles that
	are needed for support, protection and movement.
PSHE/HRSE	We will be exploring the importance of school/class rules for health
C (20) (20) (20) (20) (20) (20) (20) (20)	and safety; how to improve respectful relationships; recognise
	differences and know to respect these looking at the Rule of Law,
	Tolerance and Mutual Respect.
<b>Ethical</b>	Does everybody have access to a healthy and balanced diet? We will
Thinking	explore the Eatwell Plate and consider how this would be difficult
	for some communities to access certain foods.
Art	Still life Impressionist paintings, such as Renoir's 'Onions' will inspire
-3230	our drawing and painting of food.
<u>D.T.</u>	Designing, planning and making a healthy picnic will be our Design
	and Technology learning focus.
<u>P.E</u>	Games — Play competitive games and apply basic principles suitable
Music	for attacking and defending.
Music	Mr Warren will continue to progress the children's music learning
- Contraction of the second se	and composition skills.
<b>1</b>	
<u>R.E</u>	We will be learning about Creation, the Holy Family, our family, the
A surf	family of the Church, joining the family of the Church, the Sacrament of Baptism and the Feast Day of St. Francis.
	· · · · ·
Computing	Online Safety.
	Programming – Developing sequencing and programing
	and further understanding of debugging .



Important Information for this half term
14th—20th September — National Coding Week.
1st October — National Poetry Day.
1st October — Black History Month.
4th October — Feast of St. Francis.
4th—10th October — World Space Week.
16th October — World Food Day.
What would you like to learn about during this topic?

A warm welcome back to a new academic year. This is your Curriculum Topic Book for our new topic 'Healthy Humans'. Inside you will find a breakdown of the milestones we hope to achieve and key information about this half-term's learning. Also included, is a list of useful websites for you to use to further enrich learning. Please add something you wish to learn about above, so you can influence your learning during this topic. Thank you. Mrs Silvester.