

Corpus Christi - Bread of Life

Week beginning 8th June

This Sunday we reflect on the Feast of Corpus Christi, which celebrates Jesus' great gift of his own Body and Blood.

When we gather as a church or school family to receive the Body of Christ, we show that we are united as the Body of Christ. When we share with our neighbour, we become sisters and brothers in Jesus, and bring his life and love into the world. Just as one loaf of bread is made with many grains of wheat, so there are millions of people around the world, but we are all joined together as one family. Thinking about all our global neighbours, and Jesus as the Bread of Life, why not try out some of the projects below?



Find more resources at
cafod.org.uk/primary

In the kitchen:

If you have found out about a type of bread from around the world, and found the recipe online, why not have a go at making it?

Research project – Bread of Life:

What can you find out about bread around the world?

How do different people make bread? What ingredients do people use? How many examples can you find?

As another challenge, how about finding out how people celebrate Corpus Christi around the world? How is it the same or different to this country?

You could use the internet to research or any books you have available.

Why not design a poster with what you find out? Or make a photo slideshow to show someone else in your family?

CAFOD stories:

Find out CAFOD food projects around the world from [Samai in Sierra Leone](#) and [Ruben in Bolivia](#).

If you want to share your work, find CAFOD on
[Facebook](#) and [Twitter](#).

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