**Simple rules for keeping you safe.**

* Ask before using the internet.
* Only use websites you have chosen with a trusted adult or use a child friendly search engine.
* Only email people you know (ask a parent to set up an address book for you)
* Ask permission before opening an email from someone you don't know.
* Do not use internet chat rooms.
* Do not use your real names when using games on the internet (use a nick name).
* Never give out home address, phone, mobile number or where you go to school.
* Never arrange to meet someone you have "met" on the internet.
* Only use a webcam with people you know and ask your parents first.
* Tell an adult immediately if you see something you are unhappy with.

**Did you know?**

Many online games have their own chat rooms.

If your child plays on these and enters these chat rooms, do you really know to whom they are talking?

You can load software onto your computer which will alert you to anything inappropriate which your computer has accessed.